The following response can be attributed to Elaine Lutz, Living Essentials, LLC distributor of 5-hour ENERGY®:

"5-hour ENERGY® is a compact-sized energy shot intended for busy adults; it is ***not*** an energy drink, nor marketed as a beverage.

"5-hour ENERGY® is marketed to hardworking adults who need an extra boost of energy. The dietary supplement has no sugar, contains only four calories and no herbal stimulants, like guarana or yohimbe. 5-hour ENERGY® contains about as much caffeine as a cup of the leading premium coffee.

"In direct contrast to other products on the market, 5-hour ENERGY® is ***not*** marketed for use with alcohol, nor do we condone its consumption with alcoholic beverages. When consumed according to our recommended use guidelines, 5-hour ENERGY® is an effective dietary supplement, although individual results may vary.

"We recommend on product labels and the 5-hour ENERGY® website that individuals consume no more than two bottles of 5-hour ENERGY® shots per day, spaced several hours apart. We also recommend individuals new to 5-hour ENERGY® try half a bottle to start, wait 10 minutes and consume the rest later. Consumers who have caffeine sensitivities should consult with a physician before taking, and can consider the "decaf" version. Consumers are also instructed to use or discard any remaining product within 72 hours (three days) after opening.

"Living Essentials LLC, distributor of 5-hour ENERGY®, takes reports of any potential adverse event tied to our products very seriously. We fully comply with all of our reporting requirements. Living Essentials, LLC is strictly regulated by and complies with DSHEA (Dietary Supplement Health and Education Act) as regulated by the U.S. Food and Drug Administration (FDA) and the FDA's current Good Manufacturing Practice regulations.

"Living Essentials, LLC is unaware of any deaths proven to have been caused by the consumption of 5-hour ENERGY®.

"It is important to note that submitting a serious adverse event report to the FDA, according the agency itself, is not construed by FDA as an admission that the dietary supplement was involved, caused or contributed to the adverse event being reported, or that any person included in the report caused or contributed to the event."

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